

PRAYER GUIDE: Healing

Physical

God does have the power to heal our physical bodies, that is evident in both the Old and New Testaments. Miraculous healings still happen today! Use these verses to pray over yourself or to intercede on another's behalf and fill your heart with hope.

- Jeremiah 17:14 - "Heal me, Lord, and I will be healed; save me and I will be saved, for you are the one I praise"
- James 5:14-15 - "Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord. And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven."
- Exodus 15:26 - "He said, "If you listen carefully to the LORD your God and do what is right in his eyes, if you pay attention to his commands and keep all his decrees, I will not bring on you any of the diseases I brought on the Egyptians, for I am the LORD, who heals you."
- Exodus 23:25 - "Worship the LORD your God, and his blessing will be on your food and water. I will take away sickness from among you..."
- Isaiah 53:4-5 - "Surely he took up our pain and bore our suffering, yet we considered him punished by God, stricken by him, and afflicted. But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds we are healed."
- Jeremiah 30:17 - "But I will restore you to health and heal your wounds," declares the LORD"
- Jeremiah 33:6 - "Nevertheless, I will bring health and healing to it; I will heal my people and will let them enjoy abundant peace and security."
- Deuteronomy 32:39 - "See now that I myself am he! There is no god besides me. I put to death and I bring to life, I have wounded and I will heal, and no one can deliver out of my hand."

Fear & Anxiety

Fear, anxiety and depression can be debilitating. It can be all consuming. God doesn't want this for you. Let these verses be a comfort for you and a reminder of what God wants for you.

- Isaiah 41:10 - "So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand."
- 2 Timothy 1:7 - "For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline."
- Psalms 91:4 - "He will cover you with his feathers, and under his wings you will find refuge; his faithfulness will be your shield and rampart."
- 1 John 4:18 - "There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love."
- Psalms 94:19 - "When anxiety was great within me, your consolation brought me joy."
- Psalms 23:4 - "Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me."
- Proverbs 12:25 - "Anxiety weighs down the heart, but a kind word cheers it up."
- Matthew 6:34 - "Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own."

Healing Scriptures from the Psalms

The Book of Psalms is a collection of cries, prayers and praise. Each author experienced every struggle, heartache and fear imaginable. Let these verses help guide you toward healing.

- Psalms 107:19-21 - "Then they cried to the LORD in their trouble, and he saved them from their distress. He sent out his word and healed them; he rescued them from the grave. Let them give thanks to the LORD for his unfailing love and his wonderful deeds for mankind."
- Psalms 30:2 - "LORD my God, I called to you for help, and you healed me."
- Psalms 34:17-22 - "The righteous cry out, and the LORD hears them; he delivers them from all their troubles. The LORD is close to the brokenhearted and saves those who are crushed in spirit. The righteous person may have many troubles, but the LORD delivers him from them all; he protects all his bones, not one of them will be broken. Evil will slay the wicked; the foes of the righteous will be condemned. The LORD will rescue his servants; no one who takes refuge in him will be condemned."
- Psalms 103:2-4 - "Praise the LORD, my soul, and forget not all his benefits - who forgives all your sins and heals

all your diseases, who redeems your life from the pit and crowns you with love and compassion."

- Psalms 6:2 - "Have mercy on me, LORD, for I am faint; heal me, LORD, for my bones are in agony."
- Psalms 41:2-3 - "The LORD protects and preserves them— they are counted among the blessed in the land - he does not give them over to the desire of their foes. The LORD sustains them on their sickbed and restores them from their bed of illness."
- Psalms 147:3 - "He heals the brokenhearted and binds up their wounds."
- Psalms 73:26 - "My flesh and my heart may fail, but God is the strength of my heart and my portion forever."

Spiritual & Emotional Healing

We can have emotional and spiritual pain that hurts just as physical pain does. God is our Great Physician and He can completely heal our broken hearts and bind our wounds, by healing and making us whole. Let these verses guide your heart and mind to healing.

- Proverbs 4:20-22 - "My son, pay attention to what I say; turn your ear to my words. Do not let them out of your sight, keep them within your heart; for they are life to those who find them and health to one's whole body."
- Proverbs 17:22 - "A cheerful heart is good medicine, but a crushed spirit dries up the bones."
- Isaiah 33:2 - "LORD, be gracious to us; we long for you. Be our strength every morning, our salvation in time of distress."
- James 5:6 - "Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective."
- 1 Peter 2:24 - "He himself bore our sins" in his body on the cross, so that we might die to sins and live for righteousness; "by his wounds you have been healed."
- John 14:27 - "Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid."
- Matthew 11:28-30 - "Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light."
- Isaiah 40:29 - "He gives strength to the weary and increases the power of the weak."

Healing Miracles of Jesus

Jesus's healing is for today just as much as it was when he walked the earth and performed miracles of healing the sick and disabled. The Bible tells us that "But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds we are healed." - Isaiah 53:5. Jesus can still heal today!

- Matthew 4:23-24 - "Jesus went throughout Galilee, teaching in their synagogues, proclaiming the good news of the kingdom, and healing every disease and sickness among the people. News about him spread all over Syria, and people brought to him all who were ill with various diseases, those suffering severe pain, the demon-possessed, those having seizures, and the paralyzed; and he healed them."
- Matthew 10:1-8 - "Jesus called his twelve disciples to him and gave them authority to drive out impure spirits and to heal every disease and sickness...Heal the sick, raise the dead, cleanse those who have leprosy, drive out demons. Freely you have received; freely give."
- Matthew 9:35 - "Jesus went through all the towns and villages, teaching in their synagogues, proclaiming the good news of the kingdom and healing every disease and sickness."
- Mark 5:34 - "He said to her, "Daughter, your faith has healed you. Go in peace and be freed from your suffering."
- Luke 5:17-24 - "One day Jesus was teaching, and Pharisees and teachers of the law were sitting there. They had come from every village of Galilee and from Judea and Jerusalem. And the power of the Lord was with Jesus to heal the sick. Some men came carrying a paralyzed man on a mat and tried to take him into the house to lay him before Jesus. When they could not find a way to do this because of the crowd, they went up on the roof and lowered him on his mat through the tiles into the middle of the crowd, right in front of Jesus. When Jesus saw their faith, he said, "Friend, your sins are forgiven." The Pharisees and the teachers of the law began thinking to themselves, "Who is this fellow who speaks blasphemy? Who can forgive sins but God alone?" Jesus knew what they were thinking and asked, "Why are you thinking these things in your hearts? Which is easier: to say, 'Your sins are forgiven,' or to say, 'Get up and walk'? But I want you to know that the Son of Man has authority on earth to forgive sins." So he said to the paralyzed man, "I tell you, get up, take your mat and go home." Immediately he stood up in front of them, took what he had been lying on and went home praising God. Everyone was amazed and gave praise to God. They were filled with awe and said, "We have seen remarkable things today."
- Luke 13:11-13 - "And a woman was there who had been crippled by a spirit for eighteen years. She was bent over and could not straighten up at all. When Jesus saw her, he called her forward and said to her, "Woman, you are set free from your infirmity." Then he put his hands on her, and immediately she straightened up and praised God."

- Luke 14:1-6 - "One Sabbath, when Jesus went to eat in the house of a prominent Pharisee, he was being carefully watched. There in front of him was a man suffering from abnormal swelling of his body. Jesus asked the Pharisees and experts in the law, "Is it lawful to heal on the Sabbath or not?" But they remained silent. So taking hold of the man, he healed him and sent him on his way. Then he asked them, "If one of you has a child or an ox that falls into a well on the Sabbath day, will you not immediately pull it out?" And they had nothing to say."
- Acts 4:30-31 - "Stretch out your hand to heal and perform signs and wonders through the name of your holy servant Jesus." After they prayed, the place where they were meeting was shaken. And they were all filled with the Holy Spirit and spoke the word of God boldly."
- Acts 9:33-34 - "There he found a man named Aeneas, who was paralyzed and had been bedridden for eight years. "Aeneas," Peter said to him, "Jesus Christ heals you. Get up and roll up your mat." Immediately Aeneas got up."
- Acts 10:37-38 - "You know what has happened throughout the province of Judea, beginning in Galilee after the baptism that John preached - how God anointed Jesus of Nazareth with the Holy Spirit and power, and how he went around doing good and healing all who were under the power of the devil, because God was with him."
- John 9:5-11 - "While I am in the world, I am the light of the world." After saying this, he spit on the ground, made some mud with the saliva, and put it on the man's eyes. "Go," he told him, "wash in the Pool of Siloam". So the man went and washed, and came home seeing. His neighbors and those who had formerly seen him begging asked, "Isn't this the same man who used to sit and beg?" Some claimed that he was. Others said, "No, he only looks like him." But he himself insisted, "I am the man." "How then were your eyes opened?" they asked. He replied, "The man they call Jesus made some mud and put it on my eyes. He told me to go to Siloam and wash. So I went and washed, and then I could see."
- Luke 8:49-56 - "While Jesus was still speaking, someone came from the house of Jairus, the synagogue leader. "Your daughter is dead," he said. "Don't bother the teacher anymore." Hearing this, Jesus said to Jairus, "Don't be afraid; just believe, and she will be healed." When he arrived at the house of Jairus, he did not let anyone go in with him except Peter, John and James, and the child's father and mother. Meanwhile, all the people were wailing and mourning for her. "Stop wailing," Jesus said. "She is not dead but asleep." They laughed at him, knowing that she was dead. But he took her by the hand and said, "My child, get up!" Her spirit returned, and at once she stood up. Then Jesus told them to give her something to eat. Her parents were astonished, but he ordered them not to tell anyone what had happened."